

January 14 and 15, 2012  
The Best Me I Can Be  
The Me I Try to Be

**“Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.”  
(Psalm 1:1-3 NLT)**

**How you can Avoid Trying too Hard**

**1. Ask "Is \_\_\_\_\_"**

*“Using a dull ax requires great strength, so sharpen the blade. That’s the value of wisdom; it helps you succeed.” Ecc 10:10*

**2. Find Your \_\_\_\_\_**

**3. Take a \_\_\_\_\_ - \_\_\_\_\_**

*“Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.”  
Matthew 11:28-30*